

SLICK FIX

Cleansing is the most important step in a skincare routine. Makeup can aggravate acne when left on overnight as the particles are small enough to enter and clog pores, says Dr Ivan Tan, an aesthetic doctor with Nu.Reflections Medical Aesthetics. It explains why oil-based cleansers are generating newfound buzz.

For starters, oil cleansers eliminate persistent waterproof makeup, so an additional, say, eye makeup remover is not required. Dr Jean Ho, a consultant dermatologist with Jean Ho Skin and Laser Clinic, offers: "The oil component in these cleansers binds well to sebum and dirt, and effectively dissolves and rids the oil in cosmetics. Also, as they don't produce the lathering action of soaps, such products are gentler on skin."

Singapore's top makeup artists also highly extol the benefits of oil cleansers. This is especially since they don't clog pores or stimulate sebum production. Larry Yeo notes that they lift makeup away from skin more quickly than milk or water cleansers, while Clarence Lee recommends it to remove even sunscreen, too.

So, go on, choose your super slicker.

Oil cleansers are the way to go now. *L'Officiel* finds out why. By Justina Tan

FOR PORE MINIMISING

Shu Uemura Fresh Pore Clarifying Gentle Cleansing Oil, \$62 to \$138 is an all-in-one formula that can be used on damp or dry skin. Sakura leaf extract calms, natural AHA gently exfoliates while botanical oils hydrate skin. It removes makeup and cleanses simultaneously.

FOR DRY SKIN

Clarins Total Cleansing Oil, \$56 offers two organic plant oils – perilla (or shiso) oil comes with Omega 3 to soothe skin irritation, while olive oil helps to defend skin's lipid barrier and fight free radicals.

FOR AGING SKIN

The Face Shop Oil Specialist Anti-aging Cleansing Oil, \$27.90 suits skin prone to eczema and acne, thanks to green tea extract, which protects against bacteria and boosts cell renewal.

FOR WEATHERED SKIN

Cosme Decorte White-Science Premium Cleansing Gel Oil, \$65 efficiently dissolves sebum and oil with its gelatinous consistency. A concoction of potent moisturisers also reduces inflammation caused by exposure to UV rays and the environment.

FOR SENSITIVE SKIN

DHC Mild Touch Cleansing Oil, \$37.50 has a unique oil-in-water formula that "pushes" makeup and impurities to the surface. What's more, it's free of colouring, parabens and alcohol.

FOR EXTRA HYDRATION

Guerlain Secret de Purete Cleansing Gel, \$64 looks like a luxurious cream but transforms into velvety oil upon contact with skin. When emulsified with water, it releases a crystal lotus flower complex to eradicate impurities and dead skin cells.

FOR ALL SKIN TYPES

Bobbi Brown Cleansing Oil, \$55 contains a feather-light fusion of olive and jojoba oil that not only dissolves makeup but also cleans without stripping skin's moisture. It includes ginger root and lavender oil to calm skin and soothe the senses respectively too.



(FROM LEFT) SHU UEMURA FRESH PORE CLARIFYING GENTLE CLEANSING OIL. CLARINS TOTAL CLEANSING OIL. THE FACE SHOP OIL SPECIALIST ANTI-AGING CLEANSING OIL. COSME DECORTE WHITE-SCIENCE PREMIUM CLEANSING GEL OIL. DHC MILD TOUCH CLEANSING OIL. GUERLAIN SECRET DE PURETE CLEANSING GEL. BOBBI BROWN CLEANSING OIL.